



**CYCLE OF PAIN'S
NO BARRIER FOR
WORTHY CAUSE**

FOR THE CAUSE: Greg Skelton with his 33-year-old bike, which he'll ride to Melbourne.

Picture: DYLAN COKER

SCOTT WALSH

GREG Skelton isn't daunted by burning legs screaming at him to stop. Same deal for the saddle soreness, cramps and exhaustion that he knows will kick in somewhere between Adelaide and Melbourne.

"Not when you've seen your wife go through the hardest thing possible – the fight for her life," Mr Skelton says.

"So getting on a bike and pedalling a few kilometres? Nothing compares to the pain she went through."

He will join a group of riders on the inaugural Duncan Basheer Hannon Road Raise ride for CanTeen, travelling 900km in six days from this Saturday.

The 47-year-old is riding in tribute to his wife, Angela, who died seven years ago fol-

lowing a battle with Hodgkin lymphoma.

Mr Skelton confirmed his place only 13 weeks ago. He has not ridden for 31 years since his days as a promising junior rider in New Zealand.

He said the ongoing support by CanTeen to the pair's four children – Brighton, 20, Matika, 19, Zaine, 17, and Randell, 14 – made the cause an important one to his family.

"When I first got back on the bike, I asked myself 'What am I doing?'," he said.

"Then I had that thought of Ange on my shoulder and I said, 'You've just got to dig deep mate, no excuses'.

"I'm sure I'm going to draw on her strength to get me from Adelaide to Melbourne."

Donations can be made by searching "Road Raise" at everydayhero.com.au.